

September 2011

# Harc Today <sup>Lite</sup>

Serving people with intellectual and related disabilities



*“It took sixty years of hard work to make the strides we’ve made for people with intellectual disability, and get to where we are today. But it could all be lost in the blink of an eye. Parents need to be vigilant and make their voices heard!”*

Margaret V. Tedone  
Founding parent, HARC, Inc.



## Governor Dannel P. Malloy with HARC’s supported employment team

at the Legislative Office Building. Visit HARC’s website to hear his words of appreciation and encouragement to HARC and its families.

[www.harc-ct.org](http://www.harc-ct.org)



## Thoughts on the Safety Net

“Especially in difficult economic times, the critical services provided by nonprofit organizations like HARC help sustain and give hope to our most vulnerable residents.” Sharon O’Meara

Senior program officer, Hartford Foundation for Public Giving

“United Way Community Investment supports a safety net that helps the most vulnerable members of our community with the most basic of needs. HARC is an important partner in this community safety net, providing quality services to people with intellectual disabilities and their families.” Paula S. Gilberto

Senior vice president, United Way of Central and Northeastern Connecticut

“Matthew has received services from HARC for almost 25 years.

The important thing to remember, however, is that Matthew is not the only one who has benefited. Our entire family, our family life, happiness and peace of mind have all been enriched. The benefits are incalculable. I hate to think what our lives would be like without these services which we depend on.”

John Weiss, HARC parent

## Kathy & Jim Heffernan Honored at HARC’s 60th Annual Meeting

HARC’s 60th Annual Meeting was held on June 23, 2011 at The Hartford Club. Kathy Heffernan presented The JETS (Junior Engineering Technical Society) from Wethersfield High School with HARC’s 2011 Youth Community Services Award. Lt. Governor Nancy Wyman and many other speakers paid tribute to the Heffernans’ lifetime of service to people with intellectual and related disabilities.

*Far left:* Kathy & Jim Heffernan with Lt. Governor Nancy Wyman. *Left (clockwise):* Stephen Becker with former Senator Biagio (Billy) & Jeanne Ciotto; Wethersfield Mayor, Donna Hemmann with Kathy Heffernan and Patrick Johnson of Oak Hill School; Susan Fennelly with JETS members, Thomas Catricala, Andrew Braren, Benjamin Grant & Charles Persaud, Missing from photo, Jeffrey Epp, Griffin Latulippe, Alexander Mutchler, Purven Parikh, Matthew Thomas & Matthew Wilson; Stephen Becker with Rep. Russell Morin of

Wethersfield; Stephen Becker with Brian McLane of Syracuse University and Senator Paul Doyle of Wethersfield.



## Random & Unharvested, The Second Generation

### On Preserving the Safety Net

Our 60th Anniversary milestone is a time to reflect upon our achievements and to envision the work that needs to be done. So much has been accomplished in our emancipation from large state institutions to the enjoyment of full lives in the community. From birth, right through the lifespan, HARC offers the full array of supportive services: **early intervention, family support, respite, supported employment, adult day programs, recreation, residential, elderly services, behavioral health and advocacy.** These services came about as a result of the diligent advocacy of our families, that sometimes required costly lawsuits, both in time and money,

While truly a cause for celebration, it is critical to point out that these supportive services are provided at the discretion of state and federal government. **THERE ARE NO GOVERNMENTAL ENTITLEMENTS TO THESE SERVICES.**

While entitlement programs are clearly out of favor with many politicians, from my perspective, they are **IN FAVOR** when they provide critical health, safety and quality of life for our people. If not for us, then for whom?

The only entitlement that people with intellectual disability enjoy is mandatory education from the ages of 3-21. This entitlement came about following class action litigation resulting in the passage of The Education for All Handicapped Children Act, PL 94-142, later renamed, the Individuals with Disabilities Education Act. **All other services are provided at the discretion of state and federal government. Funds may be eliminated or reduced at any time, especially in this political climate.** Just recently, we witnessed the elimination of family case management.

We applaud Governor Dannel Malloy's and many of our legislators' efforts to preserve Connecticut's safety net by maintaining funding for government - supported programs that serve fragile people. However, it is important that they hear from you regarding the importance of these services to you and your family.

We need your help by remaining vigilant to the critical services that are needed for our sons and daughters, sisters and brothers. Please visit our web-site **www.harc-ct.org** and share your email addresses so that you can join our families in contacting your elected officials to preserve the Safety Net. With your advocacy our mission will be accomplished.

Kindest regards,



Stephen Becker, EdD  
President / CEO



*Man has the capacity of adopting a policy that may bring health and prosperity to one community, while at the same time, may bring death and destruction to another community. He has the ability to rationalize his actions to satisfy and placate his conscience on all phases.*

*Louis Becker, Random and Unharvested, Kingsley Key, April 4, 1962.*

HARC's Mission

HARC  
helps  
people with  
intellectual  
disability  
and  
their families  
enjoy lives  
of quality,  
inclusion  
and  
dignity  
by  
providing  
support,  
education  
and  
advocacy.

**Harc**  
**60 YEARS**  
of Changing lives and  
changing minds

*Serving people  
with intellectual and  
related disabilities*

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## “Changing Lives, Changing Minds” in a Poster Exhibit

This poster series contrasts the limited, and often sad lives of the institutional past with the busy, inclusive lives enjoyed today by HARC’s participants. There are ten pictorial and one text poster in this traveling exhibit. The exhibit has been scheduled to show at The Hartford Public Library, Robinson & Cole, Northeast Utilities, the Glastonbury

Library, Hartford Steam Boiler, Lincoln Financial, The NBC CT Health & Wellness Festival and the Legislative Office Building. We are looking for other opportunities to exhibit these posters in public venues! To inquire about scheduling the exhibit at your organization or place of business, contact Mike Morrissey at (860) 218-6112 or Catherine Gibbons Way at (860) 218-6048.



## Summer Camping Experience with Camp Courant

Thanks to several grants, including ones from from United Way of Central & Northeastern CT, Hartford Foundation for Public Giving, and the City of Hartford, HARC, in partnership with Camp Courant, provided inclusive summer camping for children at the Camp Courant facility in Farmington. Campers were treated to programs in swimming, arts & crafts, sports, nature and one of the favorites: ice cream at the end of the day!

*Left: Sarah & Dashaun enjoying a swim*

## HARC Welcomes Catherine Gibbons Way as Vice President of Development

Ms. Gibbons Way, who was most recently with Girl Scouts of Connecticut and UCONN Foundation, is sharing her vast experience in organizational development to create greater opportunities for HARC to achieve our mission. According to Catherine, “I’m delighted to be a part of the management team here at HARC. It is so apparent how much the organization means to its member families and the people it serves!”



*Left: Catherine Gibbons Way Below top: HARC’s Golf Committee from left to right: Bob Wild, Jen Schulz, Sara Allan, Tracy James, Jackie Benton, David Simmons, Chrissy Barnard, Kelli Hermsen, Kelly McDonough. Missing from photo: Mark and Jen Hann. Below bottom: Brad Field of NBC CT with his wife Sandy at the HARC Family Classic.*



## Mark Your Calendars

**Sun. Sept. 18**

**Hoffman Auto Group presents the HARC Walkathon**

Rentschler Field, East Hartford  
Registration: 9:00 am  
Start: 10:00 am

**Sat. & Sun. Oct. 1 & 2  
NBC CT Health & Wellness Festival**

CT Convention Center  
10 am - 5 pm  
Visit HARC’s booth!

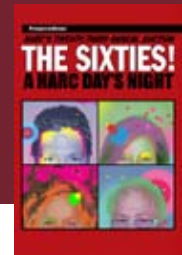
**Sun. Oct. 16  
Milano-thon**

Milano Salon & Day Spa  
41 Jerome Avenue, Bloomfield  
10 am-4 pm (860) 242-4401  
Call ahead for an appointment for one of their great services - and there are many! All proceeds benefit HARC!

**Sat. Nov. 12**

**23rd Annual Auction  
The Sixties!**

**A HARC Day’s Night**  
Hartford / Windsor Marriott  
6:30 - 12 midnight  
\$175/person



## The 2nd HARC Family Classic & The Hole-in-One Dinner

The two events were held on Friday, May 20, 2011, and were tremendously successful! They netted over \$85,000, thanks to the efforts of honorary chairs, Peter Zaffino, president and CEO of Marsh Inc., and Marion and Sal Zaffino. Also instrumental in the success was the volunteer Golf Committee pictured at left. This year, the events were hosted by NBC CT’s Brad Field.

# Artsparks

**Harc**  
*Serving people with  
 intellectual and related  
 disabilities*  
[www.harc-ct.org](http://www.harc-ct.org)

**HOLIDAY CARDS  
 2011**

**Send Order & Payment to:**  
 Holiday Cards  
 HARC, Inc.  
 900 Asylum Avenue, MS 1035  
 Hartford, CT 06105

**To order by telephone:**  
 Diana Appleton (860) 218-6047  
 Cathleen Barbosa (860) 218-6113



**A**

*May the spirit of the holiday  
 season be everlasting*

*Artist: Mary Irish*



**B**

*Wishing you the happiest of holidays*

*Artists: Carol Clark & Diana Appleton*

**C**



*A magical holiday season  
 to you and yours*

*Artist: Phil Kook*



**D**

*Wishing you a delightful  
 holiday season*

*Artists: Gloria Litwinas, Vernelle  
 Matthews & Diana Appleton*

**E**



*May lasting peace and  
 wisdom be yours*

*Artists: Gloria Litwinas & Josh Starr*

• Cards measure 5" x 7" and come in single design packs of 10 with 10 envelopes.

• Packs are \$13, which includes sales tax.

• Minimum order is one pack of cards.

• No shipping charge if order is picked up at HARC!

• Free Personal Imprinting on 10 or more packs of cards!

• Courtesy of Brescia's Printing Services East Hartford

• After you purchase, contact Brescia's Printing at (860)528-4254, 1-800-842-0008 or [bill@brescias.com](mailto:bill@brescias.com)

Cut here to send in with payment

**Thank you for your order!**

**HOLIDAY CARDS  
 ORDER FORM**

- Cards measure 5" x 7"
- Cards come in single design packs of 10 with 10 envelopes.
- Packs are \$13 each, which includes sales tax.
- Minimum order is one pack of cards.
- Customer pick-up is an option to eliminate shipping charges!

**Quantity and choice of card packs**

A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_  
 D \_\_\_\_\_ E \_\_\_\_\_

Total # of packs

x \$13.

Shipping & handling (see below) \$ \_\_\_\_\_

Donation (optional) \$ \_\_\_\_\_

Subtotal

Total \$ \_\_\_\_\_

Customer will pick up order at HARC.

**Shipping & handling charges:** (to US addresses)

Packages Ordered Shipping (CT) Shipping (Outside CT)

1 - 2 packages \$3.50 \$3.50

3 - 5 packages \$5.50 \$7.00

6 - 7 packages \$6.50 \$9.00

8+ packages Call for shipping charges: (860) 218-6047

\* No Shipping & Handling charges if customer picks up order at HARC!

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Cash  Check  Credit Card

Please make checks payable to HARC

Mastercard  Visa

American Express

Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Received \_\_\_\_\_

OFFICE USE ONLY  
 Fulfilled

# ArtSparks

**HOLIDAY CARDS  
2011**

**T**he 2011 edition of ArtSparks Holiday Cards is here to help you send cheer and good wishes to friends and family!

And they do much more than that.

Net proceeds from the cards are directed to HARC's programs and supportive services helping families face the challenge of intellectual disability.

The cards were created by the artists of HARC's ArtSparks Group and they beautifully express the joy and delight that is part of the holiday season.

Thank you so very much for all your past support of these cards and through your purchase, helping to spread the joy during *this* holiday season!

Diana Appleton *ArtSparks Founder*

**Harc**  
**60 YEARS**  
*of Changing lives and  
Changing minds*



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**2011 Marks HARC's 60th Anniversary!**  
 Governor Malloy with HARC's supported employment team at the LOB.

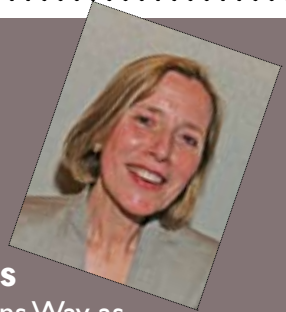


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**HARC Welcomes Catherine Gibbons Way** as Vice President of Development

\* Corporate and community supporters contributing \$3,500+ from January 1, 2010 to June 30, 2011.



**HARC Thanks its Corporate & Community Supporters\***  
 We truly appreciate our corporate & community supporters, and want to express particular gratitude for their contributions throughout our 60-year journey. With their help we are changing lives and changing minds.