



Press

HARC, Inc.
Serving People with Intellectual
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Shadow & Trees Massage Therapy Comes to HARC with “Philanthropic Fridays”

**Shadow & Trees Massage Therapy
402 Park Road, West Hartford
860 841-7485
info@shadowandtrees.com**

(Hartford, CT) HARC, Inc. is pleased to announce its new collaboration with Matt DeMichele, LMT, licensed massage therapist and owner of Shadow & Trees Massage Therapy, a comprehensive massage therapy studio with its newly located office at 402 Park Road in West Hartford.

Matt will be providing massage therapy to HARC’s clients on Tuesdays and Thursdays at the HARC headquarters at 900 Asylum Avenue, Hartford. His massage therapy is being offered as part of the spectrum of services provided within the Wellness Suite in HARC’s Bulova Center.

Matt has practiced massage therapy for four years, having graduated from the Connecticut Center for Massage Therapy in Newington, in 2007 where he is currently an instructor in orthopedic, clinical and

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event sports massage. He says, “There is great reward in the interpersonal contact with people that massage provides, and I am looking forward to this collaboration with HARC.”

In celebration of Shadow & Trees’ move to West Hartford, Matt has devised a program known as “Philanthropic Fridays” whereby 50% of all proceeds for services from Shadow & Trees Massage Therapy received on Fridays, throughout 2011, will be donated to a different charity, or organization of choice, each month. We are pleased to announce that for the month of January 2011, HARC, Inc. will be the recipient of these donations.

About Matt DeMichele, LMT

Matt has been a licensed massage therapist (CT License #: 005135) since 2007 and has focused his practice on working with individuals with pain and mobility issues as well as generalized relaxation massage. He has been an instructor at the Connecticut Center for Massage Therapy since 2009, along with having been an active member of the CT Chapter of the American Massage Therapy Association. He can be reached for appointments by calling (860) 841-7485 or e-mailing him at info@shadowandtrees.com.

About HARC

HARC is a nonprofit organization dedicated to improving the lives of people with intellectual disability and their families. It was founded in 1951 by families, long before community services were available, and institutionalization was the only option. HARC remains a strong advocate for civil rights and opportunities, and is a major provider of clinical and supportive programs that span the entire lifetime: early intervention (Birth-to-Three), family support, respite care, employment and day services, residential, recreation, behavioral health and elderly services.

HARC is a Community Investment Partner of United Way of Central and Northeastern Connecticut and serves Greater Hartford. For further information about HARC go to the website: www.harc-ct.org or call 860.218.6047.

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